

Descriptive Biography

Dr. Mufti Mahmood Ahmad is the Professor and Head at the Department of Surgery, Government Medical College & SMHS Hospital, Srinagar. Hailing from a family with judicial background, father - Justice Mufti Baha-ud-din Faroogui, he was the first from his family to choose medicine as a profession. Since his early days at school (Burn Hall, Srinagar), he excelled at academics bagging the coveted National Scholarship for Outstanding Merit in 1977. He started his career in medicine by attaining MBBS degree (1980-1985) from GMC Srinagar and was awarded Gold Medal and Distinction for his outstanding performance during the curriculum. During his MS General Surgery training from 1991-1994 at GMC Srinagar, he developed a penchant for Urology. In pursuit of his admiration for urology he successfully qualified and completed MCH Urology (2001-2004) from the Institute of Medical Sciences at the famed Banaras Hindu University, in the process he has the feat, to his name, of being the only (till date) MCH Urology Scholar in GMCS from this premier university. His journey at GMC Srinagar started as Lecturer & Chief Urologist in the Department of Surgery in the year 2008. He is presently heading the Department as a Professor of Surgery. During his current tenure at GMC Srinagar he has the credit of many "firsts" to his name as he has performed various surgical procedures successfully for the first time here, like, PCNL, laparoscopic nephron preserving nephrectomy, mini PCNL, RIRS, trans urethral enucleation of prostate, ultra mini PCNL, flank free approach PCNL and endopyelotomy. As an academician he has been imparting surgical teaching to undergraduate MBBS students since past 25 years. Since his appointment as a post graduate guide in the year 2012, he has meticulously mentored more than 20 post graduate scholars in completing their academics, surgical training and thesis work. Till date, he has published more than 30 research articles in various journals of international repute. In the year 2003 he was awarded the prestigious "Marudhar Urology Trust Best Paper Award" for his paper "Staging of Bladder Carcinoma: MRI -Pathologic Correlation". He has been regularly presenting his research work as video presentations, how I do it, seminars and papers at various national and international conferences and workshops. In his pursuit of excellence as a surgeon and academician he has successfully completed various training and certified courses for advanced and basic laparoscopy (MISTC -AIIMS, New Delhi), recent advances in BHP (John Hopkins University- School of Medicine, USA) and laparoscopic surgery course (PSG Hospital & IMSRC, Coimbatore). He is a life time member of Urological Society of India, India Hernia Society and SELSI. With his never dying spirit for surgery, he strives to achieve excellence in academics and surgical training for his colleagues and students, alike, true to his talisman " You are never too old to set another goal or to dream a new dream"

# PUBLICATIONS OF Dr.Mufti Mahmood Ahmad, M.S.; M.Ch. (Urology)

- 1. Surgical Manifestations and Management of Ascariasis in Kashmir: Journal of India Medical Association (JIMA) July 1992, Vol.90,No.7, 171-174.
- 2. Management of Incisional Hernia: The Medicine of Surgery, Jan-Fab-Mar 1994, Vol.33, No.1/2/3, 12-13.
- 3. Gunshot Wounds of the Pregnant Uterus: "Baby Wins the Battle": JK Practitioner April-June 1995, Vol.222, No.3, 30-32
- Inguinal Hernias

   Mesh Hernioplasty versus Bassini's repair: Surgery
   Feb. 1990, Vol4, No.5, 21-24
- Simple Ligation for Appendectomy A better choice than stump invagination:
   JK Practitioner April-June 1999, Vol6, No.2, 121-124.
- 6. A Clinical Study of Penetrating Abdominal Trauma: Surgery Feb 2000, Vol,5, No.12, 21-25.
- 7. Hydatidosis : A Surgical Jargon: Surgery, Aug.2000, Vol.5, No.6, 37-38
- 8. Management of Penetrating Chest Trauma: Surgery,Oct.2000,vol 5, No.7, 35-37
- Extracorporeal Shock Wave Lithotripsy in Children & Adulsts:Institute: Experience using Stonelith Lithotripter Indian Journal of Urology 2001, Vol.18, No.1, 25-30.
- 10. The Correlation of Tissue p53 Protein Overexpression and p53 antigen In Serum of Patients with Bladder Cancer: (International) Uro Oncology 2002, Vol.2 (3), 121-128.
- 11. Renal Transplantation of an Allograft with Two Renal Renal

Arteries: Indian Journal of Urology, Jan. 2003, Conference Supplement Vo.19,p.50

12. Radical Retropubic Prostatectomy : Indian Journal of Urology, Jan. 2003, Conference Supplement Vo. 19, p. 52

13. Evaluation of Role of Trus-Color Doppler in Diagnosis of Carcinoma Prostate: Indian Journal of urology, Jan. 2000, Conference Supplement Vol. 9, p.31

14. Transitional Cell Carcinoma of Kidney with Extension into Renal vein and Inferior <del>Vena Cava A report of Two Rare cases: (International)</del>

Uro Oncology, June 2004, Vol.4 (2) 107,-110.

15. Artificial Neural Networks in Predicting Optimum Renal Stone Fragmentation by Extracorporeal Shock Wave Lithotripsy: A Preliminary study: (International) BJU International 2003, 91, 821-824

The 156 e16 sstrase: A Legacy of Extracd Lithotripsy "Indian Journal of Urology 2003; Vol. 20, No.1, 46-49

17. Management of Proximal Ureteral Stone Comparison of Outpatient Ureterolithotripsy with in-situ Shock Wave Lithotripsy (SWL)
Indian Journal of Urology 2003, Vol.20, No.1, 23-27

 Staging of Bladder Carcinoma : MRI Pathologic Correlation: (International).
 Uro Oncology, Sept-Dec2003, Vol. 3 (3-4), 107-113

- 19. Seminomatous Germ Cell Tumor Mimicking As Renal Cell Carcinoma: Indian Journal of Urology, Jan.2004 Conference Supplement Vol.20, p.101
- 20. Bladder Mucosal Autografts for the Repair of Vesicovaginal Fistula: British Journal of Obstetrics and Gynecology Jan.2005, Vol.112, 112-114 (International).
- 21. Rectus Myofascial Sling for Urethral Sphincter Incompetence: Indian Journal of Urology, Jan. 2004, Conference Supplement Vol.20, p.79

- 22. Role of Urinary PCR in Diagnosing GUTB:
  Indian Journal of Urology, Jan.2004, Conference Supplement Vol. 20, p.65
- 23. A rretrospective and Prospective Analysis of various lower Calceal Anatomic features affecting stone clearance with ESWL: Indian Journal of Urology, Jan.2004, Conference Supplement Vol.20, p.40
- 24. Filarial Chyluria: A Long Term Experience of a University Hospital in India International Journal of Urology, April 2004, Vol.11: (4) 193-198 (International).
- 25. Clinical Value of Fine Needle Aspiration Cytology and Biopsy in the Evaluation of Male Infertility:

  JK Practitioner 2004, 11 (2): 99-101.
- 26. Blood record and Ileal with "
  Neourethra", Our Modification:
  Uro Oncology, March 2004, Vol. 4 (1), 35-37 (International).
- 27. Retrocaval Ureter : A Rare Entity in the Spectrum of Upper Tract Obstruction:

  JK Practitioner, Jan-March 2005, 12 (1), 23-24.
- 28. Foreign Body in Bladder: A Diagnostic Dilemma: JK Practitioner Oct-Dec. 2005, 12(4), 203-204.
- 29. Air Embolism following PCNL An unusual Complication UIJ June 2013: (International)
- 30. Priapism : An unusual presentation of Malignant Melanoma Rectum (International).
- 31. Mufti M Ahmad, Bilal Y Mir et a. A comparative study of Minipercutaneous Nephrolithotripsy and ureteroscopic pneumatic lithotripsy in the treatment of Large impacted upper ureteric stones. Int J Adv. Res 2018; 6(5); 1169-74.
- 32. Dr Muqtasid, Dr Basharat Saleem, Dr Mufti M Ahmad et al. J Med Sci and Clin Res 2019; 07(01): 1036-42.

- 33. Syed J Qadri, Mufti M Ahmad et al. Percutaneous Nephrolithotomy for large renal stones in anomalous kidneys. Int J Surgery 2020; 7(12): 3971-75.
- 34. **COVIDSurg Collaborative** [Site Principal Investigator]. Outcomes from elective colorectal surgery during the SARS-CoV-2 pandemic. *Colorectal Dis.* 2021;23:732-749.
- 35. Mufti M Ahmad, Fayaz A Najar. Safety and Efficacy of supracostal superior calyceal approach for percutaneous renal surgery. Turkish J Urology 2018; DOI: 110.5152/tud.2018.47529.
- 36. Rizwan H Kant, Shabir Iqbal, Mufti M Ahmad et al. A rare case of Malignant Melanoma of Vagina. The J Obs Gynae India 2018; 68(4): 323-25.
- 37. Bhau KS, Mufti M Ahmad. Laparoscopy Assisted Single Port Needlescopic Repair of Pediatric Umbilical Hernia A Case Report and Review of Literature. International Journal of Medical Science and Current Research July 2021; Vol 4(4): 15-19.
- 38. Bhau KS, Mufti M Ahmad. LAPAROSCOPIC INTRAGASTRIC EXCISION OF POSTERIORLY LOCATED GASTRIC GIST USING CONVENTIONAL LAPAROSCOPIC INSTRUMENTS A CASE REPORT. INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH JUNE 2021; VOL 10(6): 29-31.
- 39. Bhau KS, Mufti M Ahmad. Laparoscopy Assisted Management of an Unusual Case of Pomegranate Seed Phytobezoar Causing Small Gut Obstruction in a Child A Case Report. International Journal of Scientific Study June 2021; Vol 09(3): 68-71

## II) Presentations in Various Conferences:

- 1. TURP-Video Presentation: NZUSI 2001:
- Clinical Value of Fine Needle Aspiration Cytology and Biopsy in the Evaluation of Male Infertility Pordium Presentation: NZUSI 2001.

- 3. Virtual Cystoscopy in Carcinoma Bladder Podium Presentation in Progress Session: NZUSI 2002.
- 4. The Steinstrasse : A Legacy of Extracorporeal Lithotripsy Podium Presentation : NZUSI 2002,
- 5. Radical Prostatectomy- VideoPresentation: USICON 2003.
- 6. Renal Transplantation of an Allograft with two Renal Arteries Video Presentation: USICON 2003.
- 7. TCC of Kidney with extension with renal vein and inferior vena cava Poster Presentation: USICON 2003.
- 8. Radical Prostatectomy initial Experience Podium Presentation: USICON 2003.
- Staging of Bladder Carcinoma: MRI Pathologic
   Correlation Marudhar Jedhpur Urology
   Trust Best Paper Award: NZUSI 2003.
- 10. Bladder Mucosal Graft for the Repair of Periureteral Vesicovaginal Fistula Video Presentation: NZUSI 2003.
- 11. Rectus Myofascial Sling for Urethral Sphincter Incompetence Video Presentation: NZASI 2004.
- 12. Laparoscopic retroperitoneal Approach of Retrocaval Ureter Video Presentation: NZUSI 2005.
- 13. Urethral Reconstruction : Our experience Podmin presentation : Midterm Conference cum workshop 2007.
- 14. Radical cystectomy Our experience Podmin presentation USICON 201, 2-24 Jan. Kolkata
- 15. Our initial experience in PCNL:
  International College of Surgeons Indian Section (ICS-IS CON 2011) Sept. 2-24, 2011: Srinagar.

- 16. Endopyelotomy Our initial experience:
   6<sup>th</sup> National Conference of Society of Endoscopi9c and Laparoscopic Surgeons of India; SELSICON 2013; Sept. 19-21, 2013, Srinagar
- 17. Air embolism following PCNL: An unusual complication poster presentation USICON 204, 29<sup>th</sup> Jan-2<sup>nd</sup> Feb.2014, New Delhi
- 18. Mini PCNL : Video Presentation : USICON 2014; 29<sup>th</sup> Jan-2<sup>nd</sup> Feb.2014, New Delhi

# [[]]Participated 'As Delegate' in Various Conferences Cum Workshops:

- Midterm CVE/Workshop on Laparoscopy Urology and Reconstructive Surgery for Stricture Urethra (NZUSI): 25-26<sup>th</sup> April 2003; IMS-BHU, Varanasi, India.
- 2. Live International Workshop on Holmium Laser in Endoscopy : 8-9<sup>th</sup> Oct. 2003, AIIMS, New Delhi, India.
- 3. 3<sup>rd</sup> Uttaranchal Endourolap CME 2004 (NZUSI) : 28<sup>th</sup> March 2004, Dehradum, Uttaranchal, India.
- CME in Surgical Oncology : 8<sup>th</sup> Jan.2004, IMS-BHU, Varanasi, India.
- 5. 22<sup>nd</sup> World Congress on Endourology and SWL: 2-5<sup>th</sup> Nov. 2004; Mumbai, India.
- Workshop on Flexible Ureterorenoscopy, Lazer and Laparoscopy: 22<sup>nd</sup> Sept..Kidney Hospital, Srinagar, J&K
- 7. CME-Cum Live Workshop on Uro-Oncology: 26<sup>th</sup>-27<sup>th</sup> Sept. 2005; SKIMS, Soura, Srinagar, K&K (India).
- SIU International Workshop :
   6<sup>th</sup> Jan. 2006, Jaslok Hospital and Research Centre, Mumbai, India
- SIU Instructional Courses in Urology :
   7-8 Jan. 2006; Hotel Lala Kempinski, Mumbai, India.

- 10.39<sup>th</sup> Annual Conference of Urological Society of India: 2-5 Feb. 2006, IMS-BHU; Varanasi, India.
- 11. International Live Operative Workshjop on Rabotic Urologic Surgery: 31th July-Ist Aug. 2006; AIIMS, New Delhi.
- 12.16<sup>th</sup> Annual Conference of North Zone Chapter of Urological Society of India. : 3<sup>rd</sup>-5<sup>th</sup> Nov. 2006; Jaipur.
- 13. First AIIMS Surgical Week, International Conference, CME cum live Workshop (ENDOSURGE 2007)
   26<sup>th</sup> March-31 March, 2007; AIIMS
- 14. Mid Term Twin Conference-cum-Workshop (AGES & NZUSI): June 1-2, 2007, Srinagar.
- 15. Live Laparoscopic Operative Workshop:
   13<sup>th</sup> Nov.2008; Kidney Hospital and Urological Disease Research, Srinagar.
- 16. USICON 2010: 4-7 Feb.2010, Agra.
- 17. NZUSICON 2040 20<sup>th</sup> Annual Conference of North Zone Chapter of Urological South of India: 2-14 Nov.2010: Gurgaon.
- 18. USICON 2011 : 21-24 Jan. 2011; Kolkata
- 19. Fifth AIIMS Surgical Week ENDOSURG 2011 : 11-13 March,2011 ; AIIMS, New Delhi, India.
- 20.PROSTACON 2011: 2-3 April 2011: 2<sup>nd</sup> International Workshop on Advances in BPH Management; Lion Kidney Hospital and Urology Research Institute; New Delhi.
- 21. INTERNATIONAL COLLEGE OF SURGEONS-Indian Section : 2-24,Sept. 2011, Srinagar.
- 22.2<sup>nd</sup> Live advanced Lapuroworkshep 2011 : 12-13 Nov.2011; Department of Urology BJ Medical College

and Civil Hospital, Ahmadabad.

#### 23. USICON 2012:

5-8 Jan. 2012 ;Bangalore

# 24. CME on Spirit of Renal Transplantation:

15<sup>th</sup> March, 2012 ; Department of Medicine ; Division of Nephrology ; Government Medical College, Srinagar.

# 25. SIXTH AIIMS SURGICAL WEEK ENDOSURG 2012: 16-18 March 2012; AIIMS, New Delhi, India.

#### 26.PERCON2012:

14-15 April 2012; 5<sup>th</sup> International Workshop on Basic and Advanced Techniques of PCNL; Lion Kidney Hospital and Urology Research Institute, New Delhi.

 27. CME on "Bioethics and Medical Education"
 12<sup>th</sup> Sept. 2013; Medical Education Unit, Government Medical College Srinagar.

## 28. NZUSICON 2012:

22<sup>nd</sup> Annual Conference of North Zone Chapter of Urological Society of India; 16-18 Nov. 2012; Jammu.

#### 29. JAKASICON 2013:

6-8 June 2013, Government Medical College Srinagar.

30.3<sup>rd</sup> Annual Conference of J&K Chapter of Association of Surgeons of World.

## 31. SELSICON203:

6<sup>th</sup> National Conference of Society of Endoscopic and Laparoscopic Surgeons of India: 19-21 Sept. 2013, Srinagar.

- 32. Research Methodology Workshop for Field Unit of ICMR: 26-28 Sept. 2013, Government Medical College Srinagar.
- 33.3<sup>rd</sup> Postgraduate Thesis Presentation of Government Medical College, Srinagar : 19-20 Nov. 2013.

#### 34. USICON 2014:

4<sup>th</sup> Annual Conference of Urological Society of India, 29<sup>th</sup> Jan. 2<sup>nd</sup> Feb.2014, New Delhi.

#### 35. ENDOSURG 2014:

International Minimal Access Surgeons Conference: CME cum Live Workshop: March 2-23 March 2014, AIIMS, New Delhi.

#### 36.PERCON 2014:

12-13 April 2014: International workshop on PCNL; Lions Kidney Hospital and Urology Research Institute, New Delhi.

# IV) Participated 'As Chairperson" in various Conference:

- 5<sup>th</sup> Annual Conference of North Zone Chapter of USI:
   22-24 Sept. 2005, Srinagar, J&K India; Session: Uro-Oncology
- 15<sup>th</sup> Annual Conference of North Zone Chapter of USI:
   22-24 Sept. 2005, Srinagar, J&K India; Session: Transpubic Approach for Female Urethral Reconstruction.
- 3. 2<sup>nd</sup> National Conference of India Hernia Society: 6<sup>th</sup>-7<sup>th</sup> June, 2008; Srinagar.
- 4. JAKASICON2013 , 6-8June 2013 ;Government Medical college Srinagar.

## V) Award of certificate Courses:

Operative Laparoscopy
 Basic and
 Advanced: 31<sup>ST</sup> March 2008 to 4<sup>th</sup> April 2008 :

Minimally Invasive Surgery Training Centre, AIIMS, New Delhi

2. Recent Advances in

BHP: Ist March, 2008

The Johns Hopkins University School of Medicine, USA

3. Laparoscopic Surgery Course (Basic) Oct. 2010; Urolap Training Centre, PSG Hospital and Institute of Medical Sciences and Research Centre, Coimbatore.

VI) Certificate of Appreciation for Contribution in the filed of Urology and SMHS Hospital Department of Medicine, Government Medical College Srinagar. 15<sup>th</sup> March, 2012.

## VII) Participated in the Organizational Work of various Conferences:

#### As Treasurer:

- 15<sup>th</sup> Annual Conference of North Zone Chapter of Urological Society of India :
   22-24<sup>th</sup> Sept. 2005; Srinagar.
- As Organizing Secretary :
   Midterm Turn Conference cum-workshop: IAGES and
   NZUSI : 1-2 June, 2007: Srinagar.

## VIII) Life Member of Various Scientific Societies:

- Urological Society of India(USI)
   Member No.M-33 Dated 27.2.2006:
- 2. India Hernia Society (IHS) Member No. 273 Dated: 5.3.2008
- 3. Society of Endoscopic and Laparoscopic Surgeons of India (SELSI): Member No.1772Dated 2.4.2011